

JAN 2021 GRCOC

SUN

MON

TUE

WED

THU

FRI

SAT

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Pray for humility and to see the LORD as your provider

Write down ten things you are grateful for

Eat leftovers instead of eating out or making a new meal

Donate money to a charity

Fast for 24 hours

Encourage a neighbor or friend

Drink only water

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Give to the church Benevolence fund

Donate gently used clothing to a shelter or thrift store

No media day (TV, radio, internet, apps, etc.)

Write down ten things you are grateful for

Turn your heat down low for the day/night

Go for a walk in nature

"Pay it forward" exercise

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Give to the church Special Missions fund

No purchases day

Donate blood or plasma (not for pay)

Give something of value away

Write down ten things you are grateful for

Visit a cemetery

Watch a video on living in a developing nation

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Pray for God to reveal any greed or selfishness in your heart

Find a financial or physical need and meet it

Say No to an unnecessary purchase

Fast for 24 hours

Purge a room/closet of unused items

Write down ten things you are grateful for

Pray to be generous and God-reliant

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For where your treasure is, there your heart will be also. Mt 6:21